

# NEDD'S UNCOMFORTABLE CHALLENGE



## SCHOOLS!

### WHAT IS NEDD'S UNCOMFORTABLE CHALLENGE!?

FROM OCTOBER 20TH TO 29TH, WE'RE ASKING ALL AUSTRALIANS – INCLUDING WORKPLACES, SCHOOLS, GYMS, AND GROUPS OF MATES – TO JOIN NEDD'S UNCOMFORTABLE CHALLENGE BY COMMITTING TO A CHALLENGE THAT TAKES YOU OUT OF YOUR COMFORT ZONE WHILST RAISING FUNDS FOR PEOPLE EXPERIENCING HOMELESSNESS.

THE RULES ARE SIMPLE:  
YOU MUST CHOOSE A CHALLENGE THAT IS UNCOMFORTABLE,  
AND YOU MUST STICK WITH IT FOR 10 DAYS STRAIGHT.

ARE YOU READY TO GET UNCOMFORTABLE AND DO IT FOR GOOD? LESSSGO!

### WHEN IS IT!?

20TH – 29TH OCTOBER.

### HOW DO I SIGN UP!?

1

SIGN UP ONLINE AND  
CREATE YOUR PROFILE.



2

COMMIT TO  
YOUR INDIVIDUAL  
UNCOMFORTABLE  
CHALLENGE.



3

SET YOUR FUNDRAISING GOAL  
TO HELP THOSE EXPERIENCING  
HOMELESSNESS.



4

SHARE YOUR CHALLENGE  
WITH FRIENDS AND FAMILY  
TO ENCOURAGE OTHERS  
TO GET UNCOMFORTABLE.



[WWW.NEDDSUNCOMFORTABLECHALLENGE.COM/SIGN-UP](http://WWW.NEDDSUNCOMFORTABLECHALLENGE.COM/SIGN-UP)