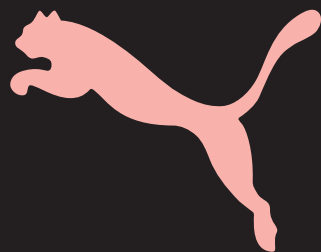


NEDD'S



UNCOMFORTABLE CHALLENGE

NAME: _____

MY DAILY CHALLENGE IS: _____

CHOOSE ONE CHALLENGING TASK TO ACCOMPLISH EACH DAY AND MARK OFF THE DAYS YOU COMPLETE THEM.

DAY 1 **SUNDAY**
20/10

DAY 2 **MONDAY**
21/10

DAY 3 **TUESDAY**
22/10

DAY 4 **WEDNESDAY**
23/10

DAY 5 **THURSDAY**
24/10

DAY 6 **FRIDAY**
25/10

DAY 7 **SATURDAY**
26/10

DAY 8 **SUNDAY**
27/10

DAY 9 **MONDAY**
28/10

DAY 10 **TUESDAY**
29/10